

# Linda Waters

We're Cookin' Again.

by Pete Fasciano, Executive Director 03/17/2024

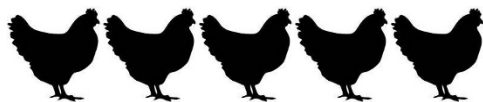
Our Franklin TV kitchen is serving up 3 new chicken dishes in the weeks ahead.



Tim and Linda - cooking it all up in the kitchen.

Linda Waters builds confidence in college grads and young professionals through her cooking sessions and, well - Not gonna lie. We got to enjoy the delicious results. Linda and Tim whipped up 3 excellent chicken dishes - 'Marry Me' Chicken, Chicken Parm, and Chicken Marsala.

I rate them all at 'Five Chickens'.



Yep. It's all good.

Thanks for listening to 102.9 wfpr.fm.  
And - as always - thanks for watching.

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Our Community Access  
**FranklinTV**

Our wfpr.fm schedule lists interviews and musical programs of local interest hosted by Franklin residents. Franklin Public Radio's programming is possible thanks to talented, dedicated volunteers. Do you have an interest in podcasting? We can help. 508-541-4118



### Monday:

- 9 AM 12 PM and 6 PM **Talkin' the Blues** – Jim Derick & Nick Remissong  
Awesome blues music, info, interviews
- 11 AM 2 PM and 8 PM **A More Perfect Union** – with Dr. Michael Walker-Jones, Representative Jeff Roy and Dr. Natalia Linos

### Tuesday:

- 9:00a/12:00p/6:00p **Jazz Journey** – with Pamela Hines  
An insightful tour of Jazz Greats in a golden era
- 11 AM 2 PM and 8 PM **Safe Radio** – Dr. Anne Bergen and Jim Derick examine treatments, coping strategies and recovery from substance use disorder and mental illness.

### Wednesday:

- 9:00a/12:00p/6:00p **Franklin Matters Radio** – Steve Sherlock  
Our local officials, services and events
- 10:00a/1:00p/7:00p **The Wonderful World of Wine** – Mark Lenzi, Kim Simone  
All about wine, its culture, lore and finer points
- 11:00a/2:00p/8:00p **Franklin Matters Radio** – Steve Sherlock  
Our local officials, services and events

### Thursday:

- 9:00a/12:00p/6:00p **A Priest, a Minister and a Rabbi**
- 10:00a/1:00p/7:00p **Frank's Music** – with Frank Falvey
- 11:00a/2:00p/8:00pm **Frank Presents** – Notable Local Conversations

### Friday:

- 9:00a/12:00p/6:00p **Chapters** – Jim Derick  
Insightful, life-affirming stories and interviews
- 10:00a/1:00p/7:00p **Music to Lift the Spirit** – Frank Falvey & Jim Derick
- 11:00a/2:00p/8:00pm **Senior Story Hour** – Senior Center Scribblers Group

### Weekdays:

- 3:00p **Swingin' Music** of the Big Band Era
- 4:00p **Starlight Songs** from the Great American Songbook

Listen each week on the air at 102.9 fm, and online at our website, wfpr.fm as we bring more of our community – to community radio.



Our Community Access  
**FranklinTV**  
Program Guide



Week of 03/17/2024

We post our weekly schedule on Saturday morning. Listings are subject to change.  
Check our program schedule on our channels for the most up-to-date information.

If you have questions, let us know at: [info@franklin.tv](mailto:info@franklin.tv) or call 508-541-4118.

**SATURDAY**



7:30 am Senior Scribblers  
9:00 am Comfort Food: Comfort Food  
9:30 am Candlepin New Generation: Show 1  
10:00 am Joe Landry: The Hurricane of 1938  
11:30 am Norfolk County Prevention Coalition: Fire Safety  
12:00 pm Veterans' Call: VA Pension  
1:00 pm Winning Ways with the MIAA: The Road to TD Garden  
2:00 pm Mental Health: Shannon Nesbitt  
3:00 pm Franklin Fallen Heroes  
4:00 pm Martin Luther King: Music and Spoken Word  
5:30 pm Sons & Daughters of Italy: Paolo DiGregorio  
8:30 pm The Black Box: T3

**SUNDAY**



7:30 am Grace Baptist Church: 12-04-22  
8:30 am Metrowest Symposium: Equity & Access in Arts & Culture  
10:00 am Franklin Fallen Heroes  
11:00 am Senior Connection: Spaghetti Bolognese  
12:30 pm Jim Johnston: Ben Franklin and Martin Luther King, Jr.  
2:00 pm Joe Landry: Hurricane of 1938  
3:30 pm Extended Play Sessions: Season 10 Show 2 - Paul Kelly  
4:30 pm Martin Luther King: Music and Spoken Word  
6:00 pm SAFE Coalition: Michelle Palladini  
7:00 pm Riffin' on Main Street: Katherine Kennedy  
8:00 pm The Millis Berfield Band





**Comcast 6  
Verizon 26**



# MONDAY

8:00 am SAFE Coalition: Michelle Palladini  
9:00 am The Millis Berfield Band  
12:00 pm Brook'n'Cookin: Brownies  
12:30 pm Second Sunday Speaker Series: Valentine Cards  
1:00 pm Cooking Thyme: Grillin'  
1:30 pm Pizzapalooza: Meat-Lovers Pt. 1  
2:00 pm New England Candlepins: Summer 2018 Show 5  
3:00 pm Candlepin New Generation: Spring 2019 Show 2  
3:30 pm Veterans' Call: Dave Hencke  
4:30 pm Norfolk County Prevention Coalition: L. E. A. P.  
5:00 pm Winning Ways with the MIAA: Districts  
6:00 pm Extended Play Sessions: Season 10 Show 2 - Paul Kelly  
7:00 pm Frank Presents: Brian Cousins  
9:00 pm Circle of Friends: Joe Jencks

# TUESDAY

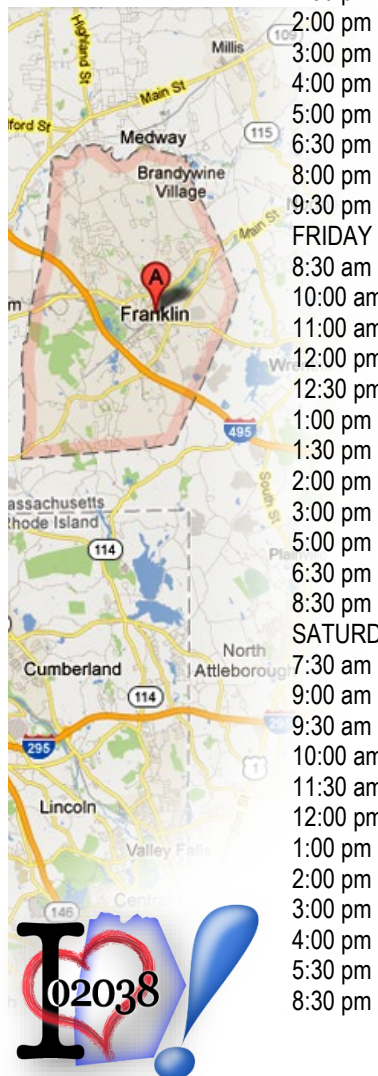
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4:30 pm Winning Ways with the MIAA: Districts  
5:30 pm Physician Focus: Oral Health  
6:00 pm Senior Connection: Spaghetti Bolognese  
7:00 pm Martin Luther King: Music and Spoken Word  
8:30 pm Franklin Fallen Heroes  
9:30 pm Franklin Art Association: Dave Kaphammer

# WEDNESDAY

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**SATURDAY**

8:30 am FHS Boys Varsity Hockey v Xaverian 03-07-24  
10:30 am Mental Health: Shannon Nesbitt  
11:30 am FHS Girls Varsity Basketball v Andover 02-29-24

**SUNDAY**

8:00 am Mental Health: Amy Frigulietti  
9:00 am Public School Event: Lifelong Music Pt. 1 01-28-19  
10:30 am Hockomock League Swimming Championship 2024 Day 2  
2:30 pm FHS Boys Varsity Hockey v Xaverian 03-07-24  
4:30 pm ArtWeek: Art + Music  
5:30 pm SAFE Coalition: The Hamlins

**RADIO: Tune to WFPR 102.9 FM for LIVE MIAA Basketball Finals at Tsongas Center.**

7:30 pm FHS Boys Varsity Basketball v Catholic Memorial 03-12-24



**Comcast 8  
Verizon 28**

# MONDAY

10:00 am FHS Pops Night 2023  
 11:30 am Public School Event: FHS Summer Music 2021  
 2:30 pm SAFE Coalition: The Hamlins  
 4:00 pm FHS Girls Varsity Basketball v Andover 02-29-24  
 6:00 pm Winning Ways with the MIAA: Districts  
 7:00 pm FHS Boys Varsity Basketball v Catholic Memorial 03-12-24  
 9:00 pm FHS Theater Company: Cinderella

# TUESDAY

7:00 am Public School Event: Lifelong Music Pt. 1 01-28-19  
 9:00 am Public School Event: Remington Winter Music 2022  
 11:30 am Franklin Rec Basketball" 6th - 8th Grade Girls Championship  
 2:00 pm Mental Health: Amy Frigulietti  
 3:30 pm Winning Ways with the MIAA: Districts  
 4:30 pm FHS Girls Varsity Basketball v Andover 02-29-24  
 6:30 pm FHS Pops Night 2023  
 8:30 pm FHS Boys Varsity Hockey v Xaverian 03-07-24

# WEDNESDAY

8:30 am Public School Event: Remington Winter Music 2022  
 10:00 am SAFE Coalition: The Hamlins  
 11:00 am Winning Ways with the MIAA: Districts  
 12:30 pm FHS Girls Varsity Hockey v Notre Dame Academy Hingham 02-28-24  
 2:30 pm Franklin Rec Basketball" 6th - 8th Grade Girls Championship  
 5:00 pm Hockomock League Swimming Championship 2024 Day 2





**Comcast 8**

**Verizon 28**



#### THURSDAY

7:00 am Public School Event: Lifelong Music Pt. 1 01-28-19  
8:30 am FHS Pops Night 2023  
10:00 am Varsity Basketball State Finals 03-17-24  
12:00 pm ArtWeek: Art + Music  
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2:30 pm FHS Theater Company: Cinderella  
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# Our Community Access FranklinTV Program Guide



# Franklin Town Hall TV

Week of 03/17/2024

We post our weekly guide on Saturday morning. Listings are subject to change.  
Check [franklinma.gov/calendar](http://franklinma.gov/calendar) for the most up-to-date meeting information.  
If you have questions, let us know at: [info@franklin.tv](mailto:info@franklin.tv) or call 508-541-4118.

*Note: 3<sup>rd</sup> Floor meetings are on Comcast8/Verizon28 and our Franklin Pride Youtube channel.*



## SATURDAY

10:00 am Planning Board 02-26-24  
3:00 pm Zoning Board of Appeals 01-18-24  
5:00 pm Conservation Commission 03-07-24

## SUNDAY

10:00 am School Committee 03-05-24  
4:00 pm Town Council 03-13-24  
8:00 pm Joint Budget Subcommittee 03-06-24

## MONDAY

8:00 am Planning Board 03-11-24  
12:00 pm Economic Development 03-13-24  
2:00 pm Planning Board 03-11-24  
6:00 pm Joint Budget Subcommittee 03-06-24

## TUESDAY

8:00 am School Committee 03-05-24  
12:00 pm Economic Development 03-13-24  
2:00 pm School Committee 03-05-24  
7:00 pm **School Committee LIVE, Chambers 846 1400 8113 Code 481745**

## WEDNESDAY

8:00 am Town Council 03-13-24  
12:00 pm Master Plan Committee 03-06-24  
2:00 pm Town Council 03-13-24  
6:30 pm **Master Plan Committee LIVE, Chambers 842 9690 3396**

## THURSDAY

8:00 am Conservation Commission 03-07-24  
12:00 pm Master Plan Committee 03-06-24  
2:00 pm Conservation Commission 03-07-24  
7:00 pm **Conservation Commission LIVE, Chambers 980 1888 8245**

## FRIDAY

8:00 am Zoning Board of Appeals 03-14-24  
2:00 pm Zoning Board of Appeals 03-14-24

## SATURDAY

10:00 am Planning Board 03-11-24  
2:00 pm Zoning Board of Appeals 03-14-24  
5:00 pm Conservation Commission 03-07-24

